

## **PRE-TEAM AND COMPETITIVE TEAM TRYOUTS**

**MAY 15<sup>th</sup> 1:00-3:00 for ages 6-9**

**MAY 15<sup>th</sup> 3:30-5:00 for ages 10 and older**

**Pre-registration is required no later than May 13<sup>th</sup>.**

**There is no cost for tryouts.**

Our **Pre-Team program** is our developmental program for girls age 5-7. The goal of this program is to prepare the girls for the transition to our Compulsory Competitive program. Practices are twice a week for 3 hours each. (6 hours/week total).

Pre-Team members do not compete in any competitions.

Our **Competitive Team Program** is for girls age 6 and older and follows USA gymnastics guidelines for developing and progressing athletes in competitive gymnastics. We compete in 7-9 USAG sanctioned meets per season.

There are 2 different options your athlete can be placed within our Team program. The Junior Olympic program and the Xcel program. (visit [www.usagym.org](http://www.usagym.org) for more details on these 2 programs) Upon completion of tryouts, the coaches will recommend the program they feel your athlete is best suited.

### **FAQ**

#### ***How do I know if my athlete is ready to make the move to the Team program?***

Your athlete must have experience in gymnastics, but a recommendation from a coach is the best way to know.

#### ***What fees are associated with the program?***

-There is an annual processing fee due June 1 each year you are part of the program. Competitive Team is \$300 annually per child. We do discount for multiple children.

-Monthly tuition fee, due the first of each month. These fees will vary based on the number of days/hours your daughter practices per week.

-Competition fees: there are 7 monthly fees due to fund your daughter's competition account. These fees vary based on the Level or placement of your athlete within our program.

*\*We will discuss this more in depth upon acceptance into the team program*

#### ***Is this a year-round training program?***

YES. Our programs and fee structures are based on a 48 week year. We do take breaks for holidays, etc. Those breaks are factored into our 48 week year.

The only way a gymnast progresses is if they practice, so we expect our gymnasts to participate year-round.

#### ***Where are the competitions and how long do they take?***

We generally stay in state with 1 or 2 per season that may be out of state. For an idea of our competition schedule we partook in this season, take a look at our schedule posted in the lobby.

Most competitions take 4-5 hours including warm-ups, competition and awards.

***Will my athlete need a special uniform?***

YES. All team members are required to purchase a Team leotard and warm-up.

NO, if you are selected for the Pre-Team Program.

***Does my athlete have to compete?***

YES. The reward for all the hard work they put in throughout the year is the fun and camaraderie of participating in the competitions. We understand that there may be a competition on a weekend that you have a prior commitment on, but we expect you to attend all of them.

***Are there ways to defray the costs?***

YES. Gym World has a booster club that raises money that you can use towards your Competition Fund. Membership is voluntary. We will provide more information on this during the parent meeting.

***What can my athlete expect to get out of the Team program?***

Learning great gymnastics, respect, self-respect, self-esteem, physical well-being, discipline, time management, friends, fun. (I could go on)

A lot of our gymnasts go on to compete for their high schools. Cleveland has by far, the most competitive HS gymnastics in the state. Currently, Twinsburg, Hudson, Stow, SVSM and Walsh practice at GWT and have enjoyed a lot of success.

A select few may be fortunate enough to compete for a collegiate program.

***What if my athlete is not selected for Pre-Team or Team?***

Not to worry or get discouraged. If your athlete is not quite ready to participate in our Team program, she can continue in our Rainbow class program. Rainbow is designed to develop your daughter's abilities so that she will eventually be ready for the next step. Each girl progresses at a different pace and we want to help you make the best decisions for your athlete when it comes to gymnastics. Our League Team program may be a great option for your athlete, as well!