



We look forward to being a part of your child's path to success.

# WELCOME TO THE RAINBOW PROGRAM



Have you thought about the athletic pursuits your child will thrive in?

Maybe you haven't thought that far into the future. Or maybe gymnastics IS the sport you wish to pursue. Whether your athlete's success may arise in gymnastics, volleyball, dance or any other sport, our **Rainbow program** will start your child on a path to success.

You want to give your children the best resources and know they will develop to their full potential.

**This is our goal as well!**

The instructors and staff are here to help your child develop an understanding of their abilities in the multiple physical disciplines of the sport. Through decades of student instruction, we have seen success in the form of future successful professionals with a love and passion for their health & fitness, to a variety of collegiate and professional athletes. As we like to say, "START HERE, GO ANYWHERE!"

Our Rainbow program is a proven educational program with rewards for progress and skill mastery.

Our core events that we focus on each week are **uneven bars, balance beam, vault and tumbling**. Within each event we have core skills that are the building blocks for gymnastics advancement. These skills serve as the foundation for our ribbon system and mastery of skills can earn your athlete a ribbon, and then we work towards the next one! But that's not our only focus. There's lots of fun things to learn in the Rainbow program!

When you join the Rainbow program, we will be part of your family's team in helping shape the success of your child.

- We offer the ability to add programs for further and accelerated development.
  - We offer the ability to transition to competitive team program.
- AND We are constantly evolving as the sport evolves.

We are excited to start the gymnastics journey with you and your child. We encourage you to reach out to your athlete's coaches to discuss their goals and help them reach their full potential! We'll see you soon!