



Recreational Classes

Policies & Procedures for Return to Play After Covid-19

Gymnastics World

Our Commitment to Safety

Gymnastics World is committed to the health and safety of our families and communities.

In with the Experts

We are in constant contact with authorities and experts to align our policies and procedures with their guidance.

Going above and beyond

All Gymnastics World facilities have been treated with [MicroShield360](#) to further limit surface spread diseases.

Additionally, GWT staff routinely uses [Evaclean Purtabs](#) and [Neutral-Q](#) disinfectant cleaner on all gymnastics surfaces and throughout parent viewing areas, lobby and bathrooms.

Everyone entering the building is asked to use hand sanitizer at the front entrance, and we have several hand sanitizing stations conveniently located throughout the building to help minimize the spread of disease.

Facility Guidelines



Safety/Cleaning Stations

- ❑ Safety stations have been set up throughout the buildings that include sanitizer for athlete use.
- ❑ Cleaning stations are set up in each area throughout the facility for staff.

Cleaning Schedule

- ❑ All hard and soft surfaces are being sanitized between scheduled class times utilizing CDC approved solutions and electrostatic ionizing guns.
- ❑ The facilities have been split up into areas that will keep sanitation records of each area.

Drinking Fountains

- ❑ Drinking fountains have been blocked off or removed.
- ❑ Athletes and staff will be responsible for bringing their own water bottles.

Physical Distancing

- ❑ Signage has been set out to direct the flow of traffic coming in and out of the buildings.
- ❑ Certain areas in the gyms will be closed off to all and have been taped off for guidance.

- ❑ Students will follow designated pathways once inside the building.
- ❑ Lesson planning will eliminate partner and group activities and will be modified to insure safe and proper distancing.
- ❑ Classes will be staggered and class size will be reduced to limit congestion in the common areas.

Equipped Employees

Wellness Policy

- ❑ Our employees are subject to wellness checks each day. (Wellness policy defined in athlete guidelines)
- ❑ We are following all PPE requirements by the Ohio Department of Health.

Sanitizing/ Hand Washing

- ❑ Staff will wash/sanitize hands prior to and at the conclusion of class and practices and in between rotations.

Spotting Guidelines

- ❑ Staff will have limited or no physical contact with children for the first phase of reopening.

Staff Training

- ❑ Staff will be thoroughly trained on establishing and maintaining distancing and sanitizing standards.
- ❑ Staff will follow all PPE requirements set by the Ohio Dept of Health.

GW Phases of Reopening

Phase In Process

Gym World has a comprehensive set of policies and procedures with three phases of reopening - each phase mandates different degrees of precaution and safety, from Phase 1, the most controlled, to Phase 3, our 'back to normal' level. New policies and procedures will be sent out upon entering a new phase and may need to be advanced as the Ohio Dept. of Health makes necessary changes.

Classes

- ❑ Recreational classes will begin on June 15, 2020
- ❑ Customers will need to register for new classes, as class times have been adjusted to accommodate distancing guidelines and ratios.
- ❑ Lesson planning will reflect 6' - 12' physical distancing between individual students and athletes.
- ❑ During the phase in periods, equipment may be limited. With this being said, Gym World will do everything to make sure that all students receive equal time on the equipment.

Entering and Exiting the Building



Entering the Building

- ❑ Families are asked to arrive **no earlier than 10 minutes prior** to the start of class / practice. Please remain in your car until that time.
- ❑ Per Ohio Dept. of Health order, anyone 2 years old and older entering the building must wear a facial covering at all times that covers the nose, mouth and chin.
- ❑ All recreational class athletes will enter in the front of the building.
- ❑ ONE (1) Parent (if needed or for our 3 & 4 year old parent assisted class) and athlete will line up at the front door to go through our safety station where their temperature will be taken, and hands sanitized upon entering the building.
- ❑ Parents of Preschool athletes ages 4 & 5 will escort their child inside and remain with them during check in.
- ❑ Once the student is cleared they will be escorted inside where a staff member will take attendance and direct them to the spectator viewing area until called to class.
- ❑ All locker rooms and changing areas are closed. Please have your athlete dressed for class prior to arrival.

Exiting the Building

- ❑ At the end of class, athletes will make a final trip to the Sanitization Station.
- ❑ Parents (of Rainbow & Tumblers) will park and walk to the south front door (near Karate Studio) to retrieve their athlete.
- ❑ A Gym World Staff member will be present in this area to assist the athletes as parents arrive.

Athlete Guidelines

Wellness Policy

The wellness policy is a commitment to adhere to self assessments including temperature checks, physical distancing, and 24 hours of no-symptoms to participate in programs at Gymnastics World.

Face Coverings

- ❑ Athletes must wear masks when entering and exiting the building and during all non-physical activity (waiting for class start, visiting the bathroom, visiting the lobby/pro-shop).
- ❑ Facial coverings may be removed during physical activity by the recommendation of the instructor, as it may impose a health risk during physical exertion and high temperature.
- ❑ Any athlete may keep their mask on for the entirety of class if they are comfortable or at the request of the parent/guardian.

Temperature Checks

- ❑ Students and Athletes will have their temperature taken with a Temporal Scanner upon entering any Gym World location.
- ❑ If a temperature is above **100.4**, the athlete will be asked to leave.
- ❑ If the first reading is just under 100.4, we will wait 10 minutes and rescan to allow for body temperature adjustment.

Hand Washing and Sanitizing

- ❑ Athletes will be required to sanitize their hands upon entry to the facility.
- ❑ Athletes will be required to wash or sanitize hands after each rotation.

What to Bring to Class

- ❑ Athletes should bring a small bag that will fit their shoes and a water bottle
- ❑ Athletes should bring 1 filled water bottle clearly marked with their name.
- ❑ Athletes should bring a clear ziplock bag that can hold their shoes.

What to Wear during Class

- ❑ Athletes are asked to come dressed for class as locker rooms are closed at this time.
- ❑ Leotards are great! Younger students and Tumbling class participants may wear short and t-shirts if they desire. No shoes, socks or jewelry during class. Hair should be in a ponytail so it is not getting in their face.

Parent Guidelines

Parent Viewing

- ❑ At this time, parent viewing will be extremely limited and granted by request only. Please notify the front desk if you feel your athlete needs you in the gym so that we can properly prepare a designated viewing space.
- ❑ Parents that need to enter the building for whatever reason, are required to wear a face covering in compliance with Ohio Department of Health guidelines. Thank you for understanding that this is for the safety of our athletes and staff.
- ❑ All GWT staff is required to ask that everyone entering the facility wear a mask. Those who do not wish to comply will be asked to contact Gymnastics World ownership or legal counsel. Thank you for understanding that this is for the safety of our athletes and staff.

Spot TV

- We are working to enable Spot TV that will allow viewing your athlete from a mobile device. When this becomes available we will send out all the information.

